Thoughts on Argument Ninja themes, branding, and martial arts methods for instructional design Nov 20, 2017

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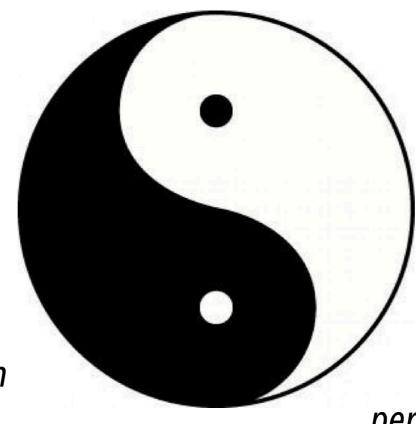
## 1. Theme: The Yin-Yang Symbol - Complementarity of the Light and the Dark

## The Dark

persuasion and influence in real-world contexts

understanding and managing obstacles to critical thinking

persuasion and argumentation on the "street"



The Light critical thinking values and skills:

- true beliefs
- wise decisions
- independence of thought

persuasion and argumentation in the "dojo"

NOTE: these are mutually interdependent, complementary dualities

You must understand the Dark to master the Light,

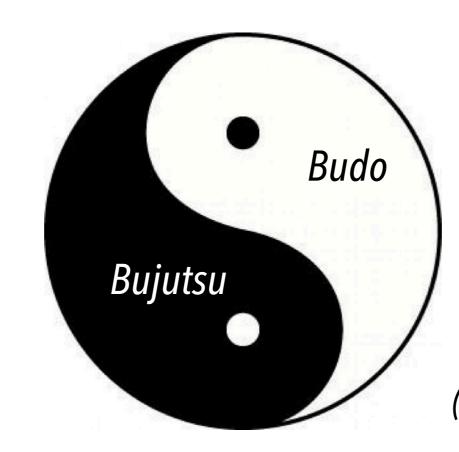
and vice versa

### 2. Theme: Complementarity of Budo and Bujutsu

## Bujutsu

martial "art" martial "skill" martial "technique"

emphasis on the MARTIAL CONTEXT of critical thinking



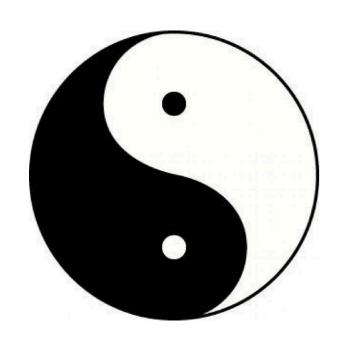
## Budo

the martial "way" the martial "path"

emphasis on higher ideals (knowledge, wisdom, virtue)

NOTE: I associate "budo" with the light and "bujutsu" with the dark, but this is not to imply that the light is "good" and the dark is "bad" (just as "yin" and "yang" are not identified with "good" and "bad" in Taoism).

#### 3. Theme: MASTERY



- a. to **master the light** you need to understand how the dark operates through all aspects of human thought and behavior
- b. similarly, to **master the dark** you need to understand how it relates to the light

One way to understand a **primary goal of the Argument Ninja Academy** ... as a path to **SELF-MASTERY** 

Master the Light.

Master the Dark.

Master Yourself.

## 4. Martial Arts Training as a PATH to MASTERY



- a. incremental, cumulative progress over extended period of time
- b. martial arts training as art of "concealed repetition" (drills, kata, etc.)
- c. pacing is controlled to balance challenge, effort, success and satisfaction
- d. gamification elements are built in
  - a. status/proficiency indicators (belt colors)
  - b. "leveling up" to unlock new training, new skills, new challenges
  - c. stripe systems
    - a. colored stripes put on end of belts
    - b. intermediate markers of progress through a belt curriculum

## 5. Martial Arts Training Elements as Tools for Complex Skill Development

## a. fitness/conditioning

a. mental/physical preparation that facilitates skill training

#### b. kihon (basics)

a. repetition of basic skill elements of the martial arts style

#### c. kata (forms)

a. solo practice that integrates basic skills into more complex patterns of action/response

## d. kumite (sparring)

- a. pair or group practice
- b. progression from compliant to non-compliant (resisting) opponents

#### e. self-defense

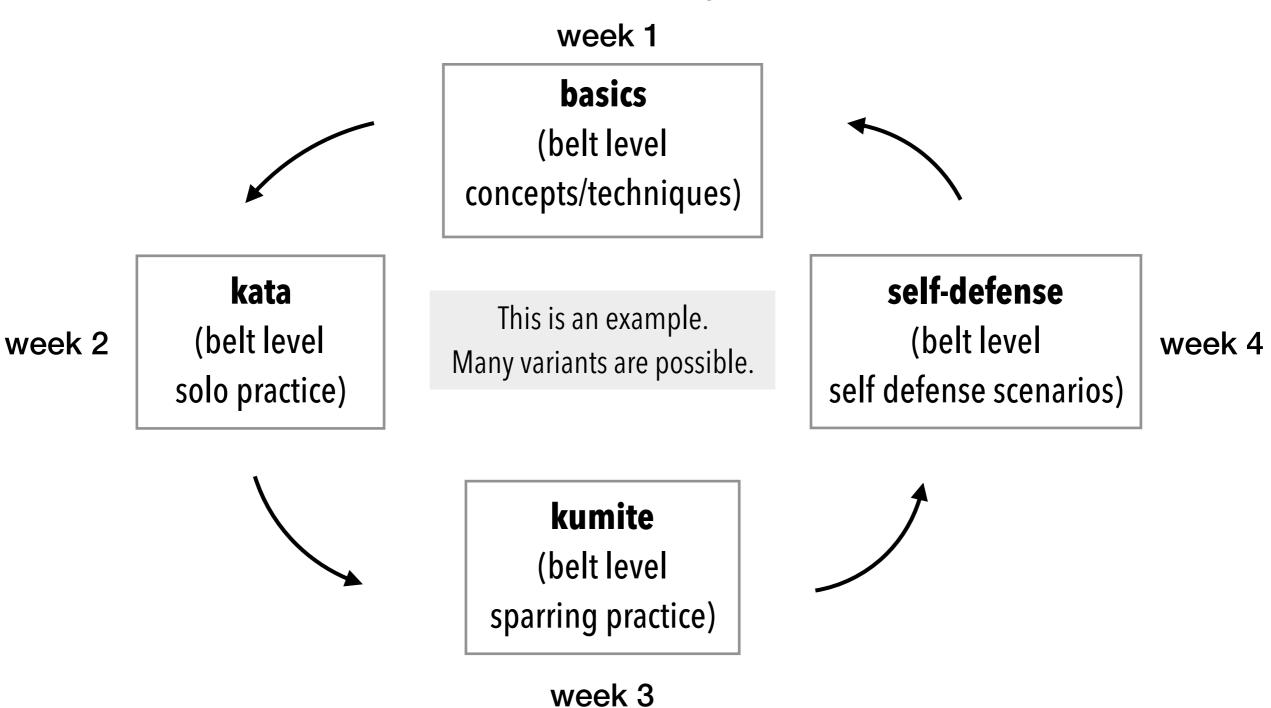
a. training for real-world scenarios; focus on avoiding or minimizing harm, self-protection

Classes are assembled from these training elements

Classes usually emphasize ONE of these elements; not all elements are present in all classes

Classes are on a rotation schedule

## 5.1 Lesson Rotation Schedules - one element is given more focused attention in a class



## 5.2 Stripe Systems: tools for managing progress through belt level requirements

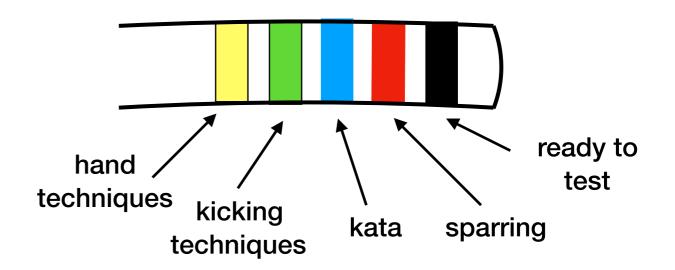


No consistent way these are used; different schools are free to choose if and how stripes are used

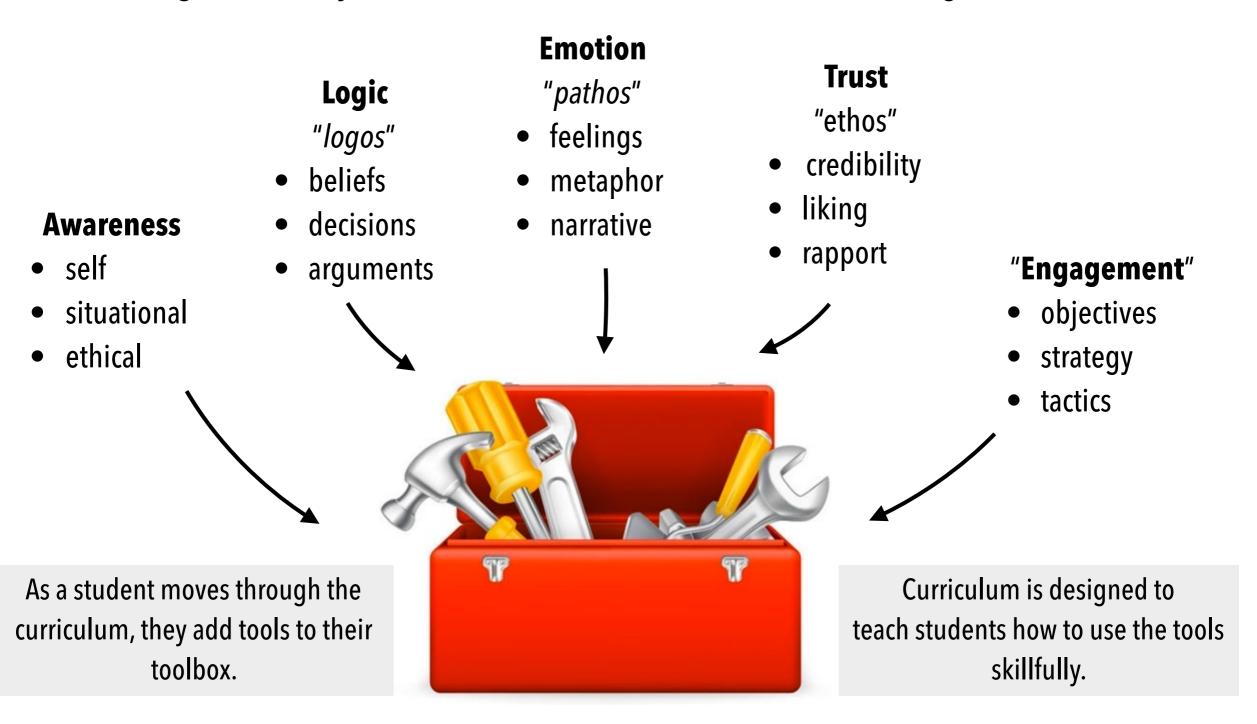
Some use different colored stripes to indicate proficiency at different belt level skill elements.

#### An example of a stripe system

- stripe indicates the student has demonstrated a level of proficiency at the corresponding skill element that would result in a "pass" during a belt test

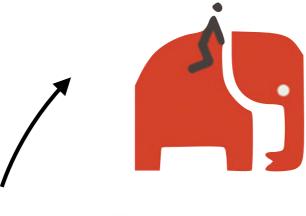


## 6. Core Argument Ninja Skill Elements (as of the second last meeting)



## 7. Mastery Sequences: Paths to Skill Mastery







#### call this a "mastery sequence"

Watch a model

Internal practice

Internal practice with own example

Watch sparring - structured

Watch sparring - free

Sparring - individual structured

Sparring - individual structured

Sparring - individual free

Sparring - witnessed structured

Sparring - witnessed free

Reporting back on IRL observations or performance

Observation of examples

External planning

External performance

## 7. Mastery Sequences: Paths to Skill Mastery

## **Instruction Design Challenge**

Design a system that uses the training principles and methods just reviewed to carry students through this sequence (or some version of it) in a reliable way, while being challenging, engaging and motivating.

#### call this a "mastery sequence"

| , ,   |
|---|
| Watch a model                                     |
| Internal practice                                 |
| Internal practice with own example                |
| Watch sparring - structured                       |
| Watch sparring - free                             |
| Sparring - individual structured                  |
| Sparring - individual structured                  |
| Sparring - individual free                        |
| Sparring - witnessed structured                   |
| Sparring - witnessed free                         |
| Reporting back on IRL observations or performance |
| Observation of examples                           |
| External planning                                 |
| External performance                              |

## 7. Mastery Sequences: Paths to Skill Mastery

#### **Important:**

Progress down this path will take TIME ...

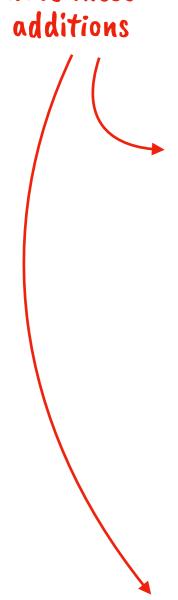
... expect the sequence to be spread across belt levels.

#### call this a "mastery sequence"

| Watch a model                                     |
|---|
| Internal practice                                 |
| Internal practice with own example                |
| Watch sparring - structured                       |
| Watch sparring - free                             |
| Sparring - individual structured                  |
| Sparring - individual structured                  |
| Sparring - individual free                        |
| Sparring - witnessed structured                   |
| Sparring - witnessed free                         |
| Reporting back on IRL observations or performance |
| Observation of examples                           |
| External planning                                 |
|   |

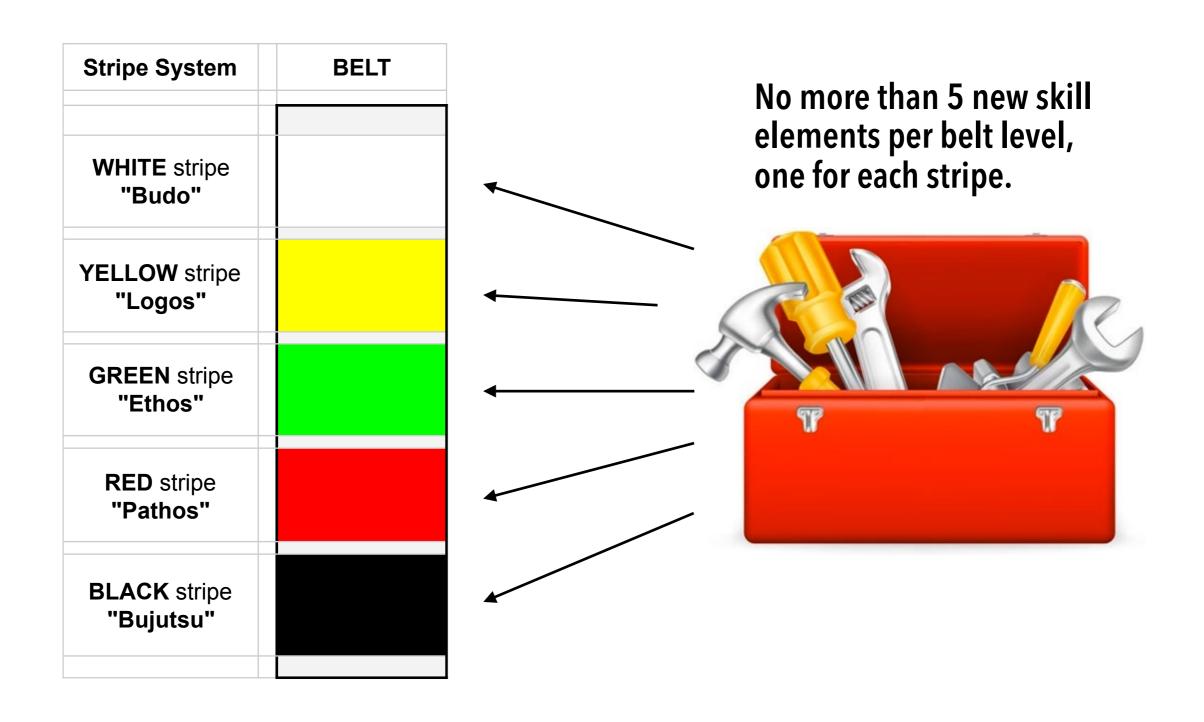
## 8. Proposal: Use Color Stripes to Represent Categories of Core Skill Elements

note these



| Stripe System             |                   | Core Skill Categories  |
|---------------------------|-------------------|--|
|                           |                   |  |
| white stripe<br>"Budo"    | $\leftrightarrow$ | The Argument Ninja "way", or "path". Principles, values and virtues that promote critical thinking goals (true beliefs, wise decisions, and independence of thought) |
| yellow stripe<br>"Logos"  | $\leftrightarrow$ | Classical principles of good reasoning with respect to forming beliefs, making decisions and crafting/evaluating arguments   |
| green stripe<br>"Ethos"   | $\leftrightarrow$ | Your audience's attitude toward you trust, credibility, rapport, likability and how it affects the success or failure of communication and persuasion                |
| red stripe<br>"Pathos"    | $\leftrightarrow$ | Your ability to evoke certain emotions and feelings in your audience, and how it affects the success or failure of communication and persuasion                      |
| black stripe<br>"Bujutsu" | $\leftrightarrow$ | Argument Ninja "skill", "technique", or "art". The application of Argument Ninja skills to self-defense and persuasion scenarios on the "street", in the real world. |
|                           |                   |  |

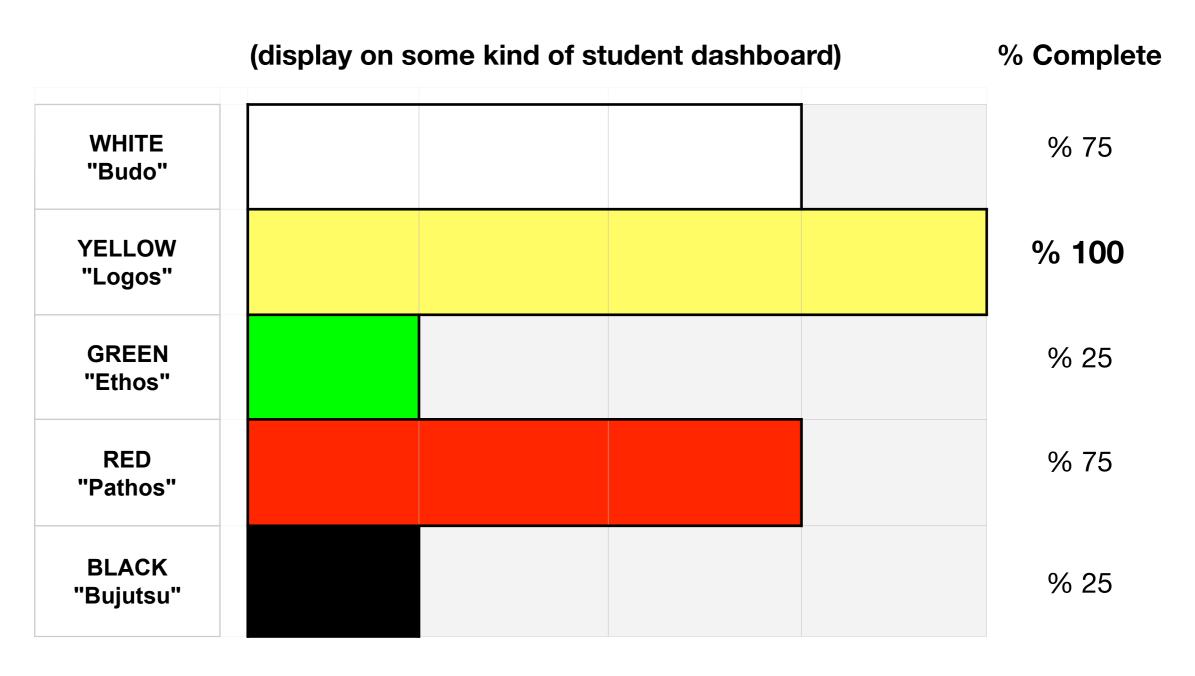
## 9. Assign Skill Elements from the Toolkit to Build a Belt Level Curriculum



## 10. Example - A White Belt Curriculum

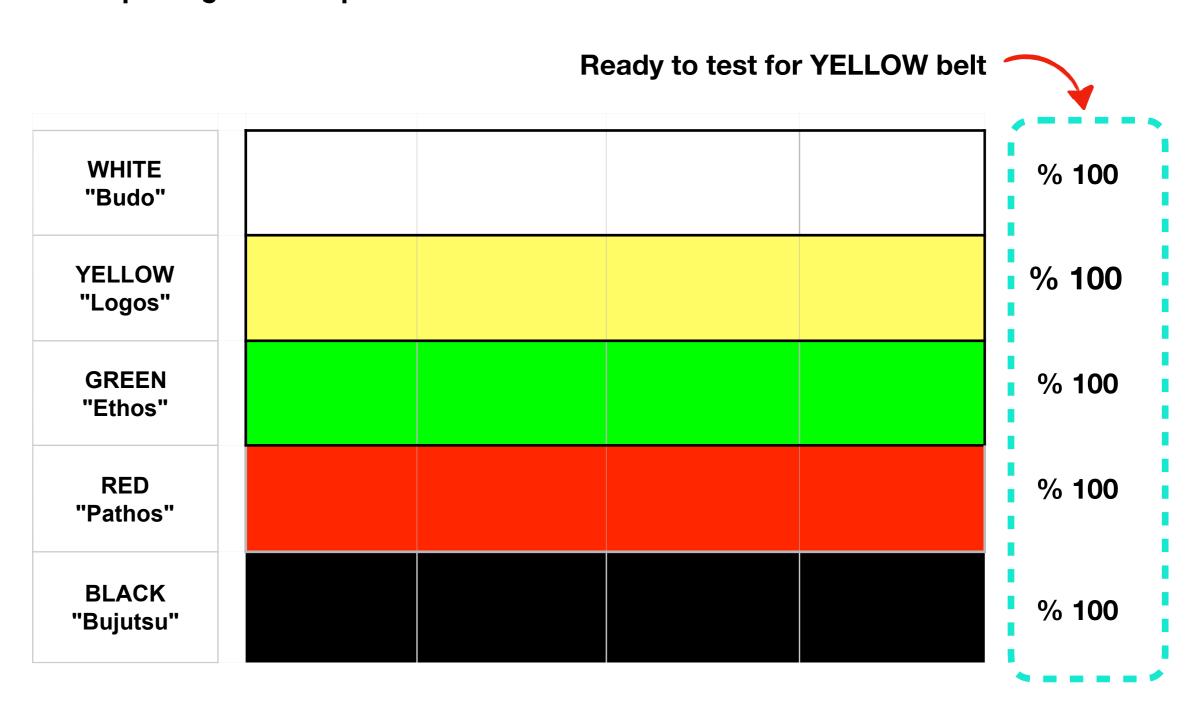
| Stripe System             | WHITE BELT          | Description of Skill Element   |
|---------------------------|---------------------|--|
| WHITE stripe              |                     | A first introduction to the concept of "truth" and its   |
| "Budo"                    | Truth               | important role in critical thinking.   |
| YELLOW stripe "Logos"     | Arg (I)             | The definition of an argument. How to recognize the parts of an argument. How to tell if an argument is being given or not.  |
| GREEN stripe "Ethos"      | Liking              | Introduction to the psychology of likability, and how to increase one's likability (similarity, familiarity, mimicry, etc.).   |
| RED stripe "Pathos"       | Elephant &<br>Rider | Introduction to Haidt's metaphor of the Elephant and the Rider as a model of the psychology of behavioral change   |
| BLACK stripe<br>"Bujutsu" | Attention           | How competition for our attention, especially from digital media, undermines our ability to think for ourselves.  Strategies for regaining control of our attention. |
|                           |                     |  |

## 11. Use Stripes to Visually Indicate Partial Progress through a Mastery Sequence

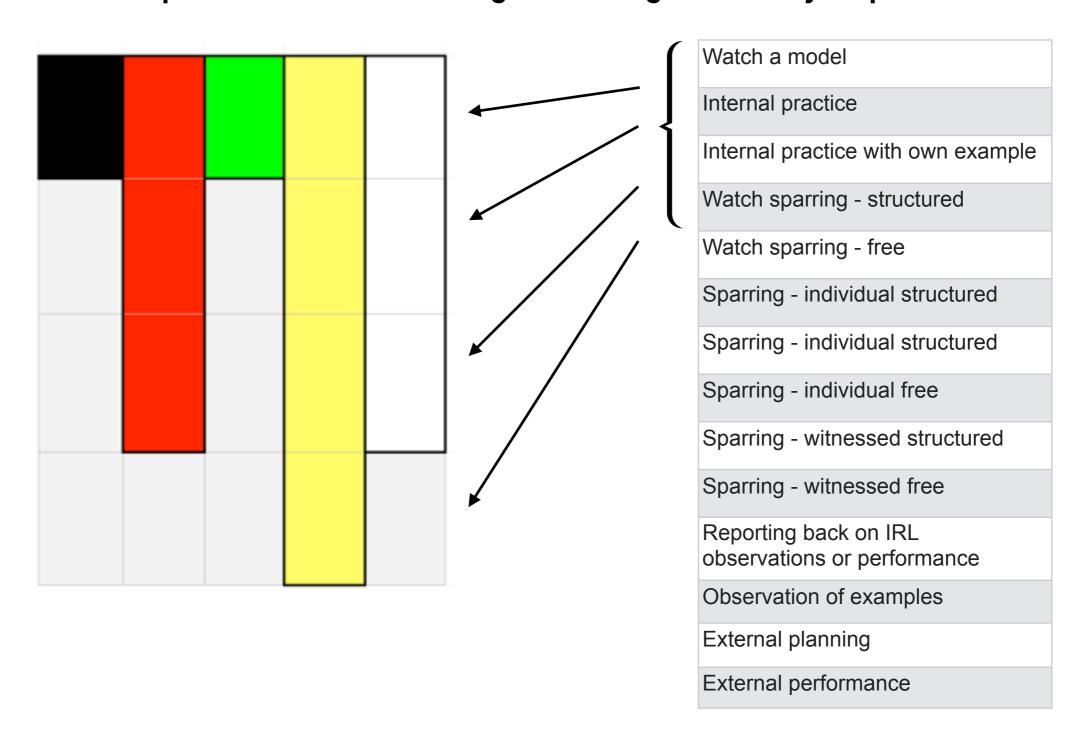


(connect progress to completion of learning activities)

## 12. Completing All 5 Stripes Indicates Readiness to Test For Next Belt Level



## 13. Remember: Stripes Indicate PARTIAL Progress Through a Mastery Sequence



## 14. Need to Construct a Mastery Sequence that MAKES SENSE For a Given Skill Element

Can't treat all skill elements the same.

e.g. training to develop ...

self-awareness skills

VS.

dialectical reasoning skills

... will look different.

But they will fall into categories with common properties, so won't need to reinvent the wheel every time.

Watch a model

Internal practice

Internal practice with own example

Watch sparring - structured

Watch sparring - free

Sparring - individual structured

Sparring - individual structured

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Reporting back on IRL observations or performance

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# 15. Ideally: Build a Mastery Sequence Using Learning Activities Inspired by Martial Arts Training Principles

#### a. kihon (basics)

a. repetition of basic skill elements of the martial arts style

## b. kata (forms)

a. solo practice that integrates basic skills into more complex patterns of action/response

## c. kumite (sparring)

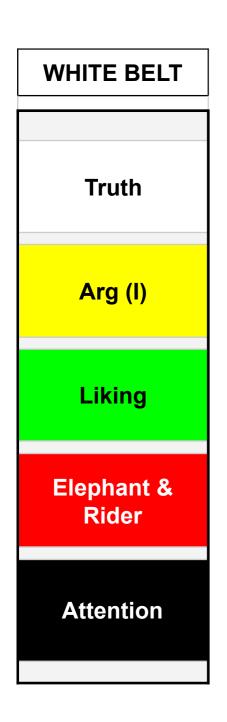
- a. pair or group practice
- b. progression from compliant to non-compliant (resisting) opponents

#### d. self-defense

 a. training for real-world scenarios; focus on avoiding or minimizing harm, self-protection

| Watch a model                                     |
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| Internal practice                                 |
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## 16. Proposal: For each skill element in a belt level, start at the END and work BACKWARDS to construct a mastery sequence

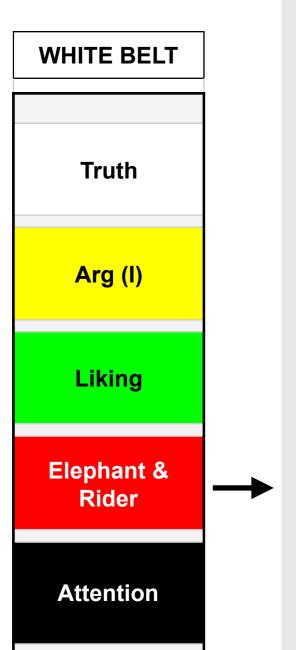


- For each of these we need to give a rich description of the **behaviors** that we would associate with **mastery of that concept or skill**.
- In writing this description, I propose that in each case we consider what mastery would look like in our two core domains:
  - **Budo**: in relation to **critical thinking** goals
  - **Bujutsu**: in relation to **persuasion** and **communication** goals
  - (Note: Some concepts or skills will naturally be more oriented toward one domain or the other)
- This exercise will give us a good idea of what behaviors we want to see by the time a student gets to the **END** of the mastery sequence.
- From there we can work backwards and construct a sequence that leads students toward this end point.

## 17. Example: The Elephant & the Rider



Q: Is something like this specific enough, or does it need more?



The Elephant & the Rider

A student who has mastered this concept is able to

- articulate the key thesis of the metaphor (what the elephant represents, what the rider represents, what claim is being made about the nature of human behavior)
- use the metaphor to describe and analyze behavior change scenarios, and evaluate proposed interventions aimed at changing behavior
- recognize habits and behaviors in oneself that illustrate the relationship between the Elephant and the Rider
- recognize habits and behaviors in others (friends, family, acquaintances, coworkers, ...) that illustrate these relationships
- articulate how the metaphor can be applied to discussions of organizational change, and analyze examples using these concepts
- use the metaphor as a tool for strategizing interventions aimed at changing attitudes and behaviors